

Teaching Staff

Teresa Lubarsky, the Artistic Director, has been teaching dance to children and professionals on the West Coast for 36 years. She trained under Lew and Harold Christensen of San Francisco Ballet where she was a scholarship student. Her further studies include Richard Gibson of the Peninsula Ballet, Carlos Carvahal, and Antonio Veleszock. In her training she received the best of Chettchetti, Russian, Royal and Bornnville.

Ms. Teresa had a very fulfilling career as a soloist with Ballet Folk Moscow, San Antonio Ballet Texas, Redwood Empire Ballet, San Francisco Dance Theater, West Coast Jazz, Alameda Dance Theater and Ballet California.

She was the Ballet Mistress for "Robert Kirkpatrick's School Of Dance" in San Mateo, San Francisco Dance Theater, Alameda Dance Theater, and later owned and directed Children's' Dance Theater in Redwood City. Upon relocating to Sonoma Co. in 1986 she was the director for the late Anita Kane, the original founder of Healdsburg Ballet, at which time Ms. Teresa directed and staged a full length Nutcracker Ballet in the years 1986 and 1987.

Ms. Teresa opened Healdsburg Ballet in 1994 and has choreographed several Ballets for the community including "The Night before Christmas", "La Boutique Fantastique", "The Magic Garden", "Mother Goose Village", "Dorothy in the Land of Oz", "Dances through Time", and "Alice's Adventure's in Wonderland".

Additional Teaching Staff

Tamra Brooks has been a student at Healdsburg Ballet for 9 years. She has danced several principal roles in our performances. She was accepted at Contra Costa Summer Ballet Intensive and attended California Ballet of San Diego in summer 2008 and summer 2009 she attended the world-class ballet company "Boston Ballet." She will be teaching Ballet 1/2/3.

Danielle Sawyer has been a student of Healdsburg Ballet for 13 years. She was accepted to Joefrey Ballet's summer program. Ms. Sawyer has been a beginning Jazz teacher for 1 year.

Cole Vernon has been a student of Healdsburg Ballet for 6 years and has choreographed two works for Healdsburg Ballet. Cole is also a junior instructor for the "The Nordquist Junior Dance Club". Cole has received several awards in Ballet, Ballroom and Hip Hop from the "Sonoma County Dance Guild." He attended California State Summer School for the Arts "Inner Spark" Intensive Training Program in summer 2008 and was a scholarship recipient at "The Rock School" of Pennsylvania Ballet summer 2009.

Jenny Huse has been teaching for five years. She started dancing at three years of age. Jenny was a soloist for the original "Ballet California". and a scholarship recipient at "The Rock School" of Pennsylvania Ballet. Ms. Huse performed such roles as Chinese, Waltz of the Flowers, Dew Drop Fairy and sleeping Beauty. She will be teaching ballet classes.

Ashlee Blosser has been a student of Teresa's for ten years. She has been substitute teaching for five years. Her choreography has been included in Dances Through Time, T'was the Night Before Christmas and Alice's Adventures in Wonderland. Ms. Blosser attended California State Summer School for the Arts "Inner Spark" Intensive Training Program in the summer 2009.

HEALDSBURG BALLET HIP HOP TEAM



TERESA LUBARSKY'S HEALDSBURG BALLET 2009/2010 SEASON

311 MONTE VISTA
~~LOCATED ACROSS FROM~~
~~HEALDSBURG COMMUNITY SWIM CENTER~~

For more information

(707) 431-7617

Or visit the web at

www.healdsburgballet.com

-or email-

healdsburgballet@comcast.net

Teresa Lubarsky's Healdsburg Ballet

Healdsburg Ballet's program serves in the development of its students from their first encounter with music and movement to their emergence as young dancers. The curriculum is carefully designed to introduce the correct professional technique and instruction at the appropriate age and physical development of the student. The students acquire poise, discipline, and self confidence, all of which remain for a lifetime even if students choose not to pursue professional careers.

The focus of training is on the joy of dance and excellence of each level of achievement. We hope you will share our enthusiasm for the benefits that ballet and its interrelationship with the other arts will provide for your child. We also have a Summer Program which teaches regular classes and choreographic production..

Kinder-Dance & Pre-Ballet for children 3-6 years old, introduces students to the dynamics of music and dance using the body and mind creatively and imaginatively in a structured situation.

Ballet Technique Level 1 to 4 for students 7-12 years old, extends the creativity concepts into the fundamental movements of ballet training.

Ballet Technique Intermediate & Advanced for students 12-18 years old, guides the student through the structured syllabus designed to increase technique, stamina, and discipline in direct relation to mental and physical growth. As the young dancers gain proficiency, greater emphasis is placed on artistry and performance.

Adult Division open classes are offered for students, not necessarily pursuing a professional career in dance, who desire to begin or continue ballet classes.

Additional Classes

Pointe Development of feminine techniques en Pointe creating the fullest extension, greater mobility, and freedom.

Jazz is a style of dance that explores a dynamic range, from lyrical to funk and blues emphasizing technique, alignment, musical dance and jazz combinations.

Hip Hop Hip Hop is a funky and high stylized movement with roots in street dance, African and Jazz dance as well as others. It emphasized specific steps and rhythms in a high energy dynamic style.

Dress Codes

Ballet: Girls: Black tank style leotards, pale pink tights, and soft pink ballet shoes.

Boys: White T-shirt, black tights, white socks and white ballet shoes.

Pointe: Pink Pointe shoes with pink ribbons

Jazz: Solid color leotard, tights, and tan jazz shoes.

Hip Hop: Tennis shoes ideal. No black soled shoes.

*All dress codes will be strictly enforced

Ask us about the Revolution Dancewear line available onsite!

CALENDAR OF EVENTS 2009 - 2010

August 17 2009	Classes begin
September 7	CLOSED- Labor Day
October 3	Rehearsal
October 10	Rehearsal
October 17	Rehearsal
October 24	Rehearsal
October 31	Rehearsal
November 7	Rehearsal
November 11	CLOSED- Veterans Day
November 14	DRESS Rehearsal
November 21	DRESS Rehearsal
Nov.25-29	CLOSED-Thanksgiving Break
December 3	Rehearsal
December 4	Possible Local School Performance at Raven in morning
December 5	Rehearsal morning & T'was Night 7:00 pm
December 6	T'was the Night Before Christmas 2:00 pm
Dec 20-Jan 3 2010	CLOSED- Christmas Break
Jan 4, 2010	Classes RESUME
January 19	Martin Luther King Jr. Day-CLOSED
February 12	CLOSED- Lincoln Observance
February 15	CLOSED- Washington's Observance
March 6	Rehearsal
March 13	Rehearsal
March 20	Rehearsal
March 27	Rehearsal
April 3-7	CLOSED- Spring Break
April 8	Rehearsal
April 17	Rehearsal
April 24	DRESS Rehearsal
May 1	DRESS Rehearsal
May 8	Rehearsal
May 15	Rehearsal morning 9 am & Show PETER PAN 7:00 pm
May 16	Spring Performance - PETER PAN 2:00 pm
May 27	Classes end early for FFA PARADE
May 28-31	CLOSED- MEMORIAL WEEKEND
June 12	LAST DAY OF SCHOOL

2010 Summer Ballet Program dates TBA

*The above is subject to change at any time

TUITION 2009-2010

<u>Classtime (per student)</u>	<u>Year</u>	<u>Month</u>
45 mins per week	\$ 560.00	\$ 56.00
1.0 hrs per week	600.00	60.00
1.5 hrs per week	810.00	81.00
2.0 hrs per week	1,040.00	104.00
2.5 hrs per week	1,250.00	125.00
3.0 hrs per week	1,440.00	144.00
3.5 hrs per week	1,610.00	161.00
4.0 hrs per week	1,760.00	176.00
4.5 hrs per week	1,890.00	189.00
5.0 hrs per week	2,070.00	207.00
5.5 hrs per week	2,260.00	226.00
6.0 hrs per week	2,440.00	244.00
6.5 hrs per week	2,610.00	261.00
7.0 hrs per week	2,770.00	277.00
8.0 hrs per week	3,100.00	310.00
9.0 hrs per week	3,420.00	342.00
10 hrs per week	3,720.00	372.00
10.5+ hrs / Unlimited classes	4,000.00	400.00

Drop-in fees: 1 hr class: \$ 15.00 2 hr class: \$ 25.00

TUITION POLICY: The ballet year is based on the ten month school district schedule. Therefore, the same amount is due each month regardless of holidays, school performances, etc. In the event a holiday falls on your scheduled class day you may make it up in another class during the week. Our school has two annual performances which performance fees will be billed. Written communication must be received 2 months before each show or payment will still be due. Upon registration, your student is guaranteed placement in the class for the entire school year. A non-refundable registration/insurance fee of \$30 per student is due upon enrollment. Annual Tuition is due in full but as a courtesy you may make monthly installments which must be received by the 15th of each month. Late fees are \$20. A FEE of \$25 will be charged for any returned checks.

PAYMENTS:

WE DO NOT SEND BILLS THEREFORE IT IS YOUR RESPONSIBILITY TO MAKE SURE PAYMENT IS RECEIVED ON TIME.

Payments may be made at the studio or mailed to:

Healdsburg Ballet
311 Monte Vista Avenue
Healdsburg, CA 95448

CANCELLATION: HEALDSBURG BALLET reserves the right to cancel classes with insufficient enrollment and to substitute teachers at its discretion.

REFUNDS: There will be no refund for voluntary withdrawal or missed classes. We make commitments to others based on your commitment to us. Make-up classes are to be taken at the same level or the level below.

School Guidelines

1. School policies are designed to foster a professional attitude on the part of the student from the very beginning. **ALL GUIDELINES WILL BE STRICTLY ENFORCED.**
 2. Students must arrive and leave the building dressed in outdoor clothing and shoes, not ballet wear.
 3. Students should not leave the building before, after, or between classes unless accompanied by a parent or guardian.
 4. Hair **MUST** be drawn smoothly and firmly up off the face and neck, and dressed in a firmly secured bun.
 5. No jewelry, flowers, or hair ornaments are to be worn in class.
 6. Dress attire must be in decent condition with no tears or rips, especially tights. **NO EXCEPTIONS**
 7. Good personal hygiene is of utmost importance especially with all the students coming in close contact with each other.
 8. Chewing gum, eating and drinking anything but water are not allowed upstairs. Students are expected to throw away their own trash in the proper receptacle.
 9. Students arriving late for class will wait at the side of the studio until the exercise in progress is completed. Then, with a simple "excuse me" and permission by the teacher, will take their place in class.
 10. Although students will not be called to the telephone, important messages will be passed along to them at a convenient time during or after the class.
 11. Students must be picked up within 15 minutes after the class is over unless arrangements have been made with the teacher. This is for your safety since there is no supervision downstairs during class time.
- *The director has the right to enforce any future rules as seen fit for the benefit of the school.

Performance Requirements

No student is required to be in a performance. A commitment contract will be required for those who do. Service hours are required for each family. We would appreciate your willingness to be flexible with your jobs. Sometimes we need to make changes if a particular job has not been filled by performance time. This is to ensure the performance runs smoothly for the students.

Placement and Promotion

New students are required to take a placement class. The Director and teacher will determine placement based on age level, technical ability, and number of classes taken. Promotions are made based on the student's success in fulfilling the goals for each level. The Director is always available to discuss the student's goals for the year and their progress.